

THE ROLE OF WOMEN IN FAMILY RESILIENCE IN JEPARA DISTRICT

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Abstrak

The rise of divorce cases in Jepara Regency shows that the awareness of each family member is still weak about their role. This cannot be separated from the important role of women. Women have a complex role in family resilience. The purpose of this research is to analyze the role of women in family resilience, in Jepara Regency. This was type of field research by applying the case study method which is analyzed in a qualitative descriptive manner. This research was conducted in the Jepara area. Data collection techniques in this study are by observing, interviewing, and document analysis. The results of the study show that women have complex role for family resilience including women acting as family managers, women as family psychologists, women as family nurses, women as family role models, women as family fashion designers, women as family interior designers, women as educators and shapers of family character, women as family event organizers, women as family finance ministers, women as pioneers of clean and healthy living in the family, and women as family superheroes.

Keywords: *divorce, family resilience, the role of women*

INTRODUCTION

The rise of divorce cases in Indonesia has recently become a problem that often occurs in society. The readiness and psychology of someone who is less mature in marriage can trigger fights that lead to divorce. In addition, divorce cases are also motivated by economic factors, early marriage, domestic violence, infidelity, and polygamy.

Based on data obtained from the Report of the Indonesian Central Bureau of Statistics, divorce cases in Indonesia continue to increase. Even data on divorce cases in 2022 reaches 516,334 cases. This figure has increased by 15.31% from the previous year, namely 447,743 cases. Based on the cases, in 2022 West Java will be the highest contributor to divorce cases, namely 113,643 cases, followed by East Java and Central Java, with 102,065 and 85,412 cases respectively (www.bps.go.id).

Based on data obtained from the Central Java Statistics Agency, Divorce Cases in Jepara are classified as very high. This is an interesting thing to study where most of the divorce cases are contested divorces filed by the wife. In line with that, based on a statement made by Hendi Rustandi as Head of the Jepara Regency Religious Court quoted from suarabaru.id, in 2022 divorce cases in Jepara reached 2,135 cases. This figure has increased by 61 cases from the previous year, namely 2,072 cases in 2021. The latest data, quoted from the official website of the Ministry of Religion of Jepara Regency, calculated from January 1 to March 30 2023, recorded 604 divorce cases that have been filed, both divorce or divorce sued. The background of this divorce was various things, including endless quarrels, economic problems, one party leaving, infidelity, polygamy, to domestic violence (KDRT).<https://sipp.pa-jepara.go.id/>).

The high number of divorce cases above shows that the level of family resilience in Indonesia is still low, especially in Jepara Regency. The family is the first and foremost place in determining the future of its members. A strong family foundation is needed to determine the resilience of the family itself. Family resilience is the ability of the family to meet the needs and deal with social problems in society. Productivity, lifestyle, and family quality are measured based on the family's ability to survive environmental changes and developments (Musfiroh et al., 2019). Good family resilience shows the condition of family members who are independent, tough, and able to develop themselves to improve their well-being and inner and outer happiness. This is in accordance with Law Number 52 of 2009 Article 4 Paragraph (2) which states that increasing family capacity is the main goal of family development to foster a sense of security and peace so as to be able to realize the ideals of a better future.

Good family resilience is able to create a sense of comfort, security, peace and happiness for each member. Family conditions that have resilience, tenacity, and strength in the process of adapting to the environment are a form of good family resilience (Puspitawati et al., 2019). Family resilience describes the continuity between resources and income so that the basic needs of the family which include clothing, food, health services, education, social integrity, and time can be fulfilled (Musfiroh et al., 2019). In addition, family resilience also covers all aspects related to the development of all family components to achieve prosperity.

According to the National Population and Family Planning Agency (BKKBN), the family has 8 main functions including the functions of religion, socio-culture, love, protection, reproduction, socialization and education, economy, and environmental development (<https://www.bkkbn.go.id/>). To achieve these 8 functions, it is necessary to have strong family resilience so that in mobility the family can run in harmony. In practice, good family resilience cannot be separated from the role of women. The woman referred to here is a woman as a "wife" or "mother". In family life, women have a more complex role than imagined. In fact, women have bigger duties and responsibilities than a husband. Based on research conducted by Buyung Surahman, it states that a mother is responsible, sets an example, and oversees the family (Surahman, 2019). Not only that, women are also responsible for the economy, education, health, growth and development of children, and so on.

Currently, many women carry out the dual role of being a mother and a worker. This is done by women to achieve the seventh function of the family, namely the economy. The types of women's professions are also very diverse, some work as teachers, nurses, doctors, office workers, entrepreneurs, factory workers, traders, etc. In Jepara itself, most of the women apart from being housewives also help the family's economy by working. As quoted from the newspaper, lomomong.com, more than 40,000 women in Jepara work in garments. This shows that many women are actively participating in increasing family resilience in the economic sector.

Even so, women still do not leave their responsibilities as a wife and mother. Women have a very important role in the family. Women are responsible for family management. Educator and shaper of children's character, *role model*, the formation of clean and healthy living habits, and so forth. Good family management is able to form good family resilience where families who have strong resilience will avoid quarrels which can minimize divorce.

The high number of divorce cases in Jepara is motivated by the lack of understanding of each family member about their role. One of them is a woman. Women have an equally important role in family resilience, where women hold complex responsibilities.

RESEARCH METHODOLOGY

This research used case study method in the form of qualitative descriptive with the aim of analysing as well as conducting detailed exploration related to various factors, activities, events, programs, and processes regarding the role of women in family resilience in Jepara Regency. Creswell stated that case studies can be defined as one type of qualitative research method, where researchers explore in detail related to activities, events, programs, and processes of one or more individuals (Creswell, 2017). The location of this research was in Jepara Regency, Central Java Province. Jepara Regency was chosen as the research location because it is famous for its three strong female figures such as Ratu Shima, Ratu Kalinyamat, and Kartini. The diversity of women's professions and the high number of divorce cases in Jepara is an interesting thing to study about the existence of successors to the struggle and the role of three tough Jepara women, especially in terms of their role in family resilience.

The data collection techniques in this study were observing, interviewing, and document analysis. There were 21 married women, 5 women who filed for divorce, and 8 divorced women who served as objects in the observation of this study. Interviews are an attempt to obtain various information by establishing a two-way communication relationship (Piaw, 2016). This can be interpreted as the interviewer and the respondent interact directly so as to obtain the required information. The interview technique that was used in this research was structured interview techniques. This meant that the various questions that were given to respondents have been prepared beforehand so that when conducting interviews the respondents got the same questions. The data analysis in this study used qualitative methodological approaches of an inductive nature, which means performing analytical activities based on the data obtained and then developing related to certain relationship patterns. When conducting data analysis, stages such as reducing data or interpreting it by selecting main points and focusing them on themes must be completed. Furthermore, unnecessary data should be discarded. The rows of data are labelled with a code that is specific to the research questions. The following stage is data display and verification, also known as conclusion drawing. (Sugiono, 2015).

DISCUSSION

a. The Role of Women as Family Managers

Role as family manager is very attached to the mother figure. As a figure manager in the family of course the mother has a complex role. Mother's duties as manager family is like being a unifier between families and solving problems in it. It cannot be denied that in living a life, family members must have experienced debate and even conflict. There could be fights between brothers and sisters and there is often a difference in understanding between children and their fathers. For this reason, the mother has a duty to reunite family members by separating and giving advice that ends in harmony, peace and unity. Managing all kinds of financial needs is also included in the mother's task. Mothers have a responsibility in planning needs such as sorting needs that need to be purchased and needs that do not need to be purchased. This will have an impact on good and bad financial management in the family.

Mother also serves as an education manager, overseeing their children's education. Essentially, the family is the first place for children to learn before they study and receive education at school. This family, particularly the mother, plays an important role in providing education, both moral and spiritual education. Children can learn a variety of things from the figure of a mother. Children and their mothers learn to talk, walk, eat, and socialise with other people at a young age. Many processes of child development are always accompanied by the mother figure, so that the mother figure truly understands and becomes someone who truly understands the child's character and needs. The success of children depends on the first school given by the family, especially the education given by the mother. With a role that is quite complex, it is important for women, especially mothers, to have skills in management considering it will have a big influence on child development (Rohaeti, 2018).

b. The Role of Women as Family Psychologists

The role of a psychologist for the family is also inherent in a mother. It cannot be avoided that it is the mother who better understands the character and condition of family members, especially children. Every family member must have experienced a

problem both at school, at the office, and in the community. If the problem is not resolved and is allowed to drag on, it will cause fatigue that triggers stress without a clear solution (Sumarna, et al. 2018). Even problems that originate from outside the home can trigger the appearance of problems in the home caused by emotional instability that can threaten harmony in the family.

Mothers as psychologists who observe children's development both psychologically and behaviorally become a suitable place to talk about their activities or problems. When a child or other family member tells a story, the mother should create a sense of comfort and security for the storyteller. Mothers should appreciate family members who tell stories because it is a sign that they have the intention not to lie and be open with other family members. With the mother positioning herself as the narrator or as if experiencing a problem, the mother will be able to help find the best solution to the problem.

Children's openness to telling stories must be trained from a young age. As a mother as well as a psychologist in the family, they are not supposed to directly blame children's mistake. On the contrary, mothers must examine the causes of their children's mistakes and help them make decisions that are in accordance with the child's character, interests, and talents. Judging, comparing, and suppressing children will have a negative impact on children (Affandi, 2013). For example, when a child falls off a bicycle, the mother immediately scolds him. This is not very good for child development. The attitude that the mother should do is to help him and calm him down. After that the child was asked why he could fall from the bicycle. It is from habits like this that children begin to learn to express what is in their hearts. If mother directly scolded, children tend to be more afraid and unable to express what is in their heart, which can carry over into adulthood. When a person cannot express what is in his heart, he will be stressed so that he can injure himself and even intend to end his life.

It is preferable to discuss the problem with family members rather than with strangers. However, the family, especially the mother, will not provide a disastrous solution. Meanwhile, talking to stranger may be dangerous because we cannot tell whether they provide sincere solution or not. It can be interpreted that giving a sense of comfort to children when telling stories to make children more receptive to the advice

and solutions given. This indirectly protects the mother so that the child does not do negative things. Good communication between parents and children can be useful in providing protection for children to prevent dangers (Septiani, 2021).

c. *Women as Family Nurses*

Women, especially mothers, are the people who care most about health, both for themselves and for other family members. Mother always tries to do her best so that family members would be free from various kinds of diseases. Mother's efforts to keep family members healthy are carried out by paying attention to and providing adequate nutrition for their food. Fulfillment of nutrition can provide various benefits to body health (Hapzah, 2022). Every day mothers have to think about food for breakfast, lunch and dinner that is delicious, suitable for the taste of the family, but still fulfill the nutrition needed.

The role of a mother figure as a nurse has a big responsibility to the family, especially to her child. Caring for children and other family members when they are sick can be done by providing medicine, reminding them to take medicine, accompanying them when they are sick, and much more. But caring for children is not only done when they are sick. Even during pregnancy until giving birth, the mother also has a role as a nurse. For example by bathing children, feeding children, changing diapers, breastfeeding, and many other tasks.

d. *Women as Family Role Models*

It is considered as an important thing for having a role model in this life (Nurrachadiana, 2019). Based on research that was conducted by the Behavioral Insights Team (2015) in Nurrachadiana (2019) children at a young age tend to choose role model who is similar to their selves that is considered of having ability to guide them developing their ability. The female figure, especially the mother, has a strong role in being a role model for their children. Not only instilling various religious values but also values regarding human relations. A good mother is a mother who is able to give direct examples to her children, not just words. If parents, especially mothers, want their children to be good children and be able to benefit others, they must also set a good example (al-Azizi,

2015). Mothers who ask their children to be diligent in giving alms but have never done alms themselves will be ignored by their children. However, the children will naturally be generous when the mother gives a direct example.

As a mother, she serves as a role model for her children. The majority of their childhood is spent with their mother. When children are younger, they prefer to imitate their close environment. A mother's good behaviour or habits will be followed by her child. If the mother has bad habits, the children will imitate them as well. Before becoming a mother, a woman should be prepared to be a role model for her children. Every mother despises it when her child has a bad attitude. Even mothers do not want their children to live miserably in the future (Khadijah., et al, 2022). A mother is not supposed to blame the children for having bad behaviour. It is the mother's responsibility to introspect and improve herself to be a good mother for the children.

e. Women as Family Motivators

Women play an important role in the family as motivators. Family members should be aware of each other's circumstances. People in both good and bad situations require motivation and support from their families. Children need plenty of learning motivation in order to succeed in life (Indriani, 2018). The presence of motivation will benefit the long-term sustainability and success rate of everyone's learning (Wardani, 2020).

Providing motivation from parents to children will affect the stage of their development. If motivation is not given, it will be difficult for children to develop. However, giving excessive motivation, for example being too harsh and spoiling children will have an impact on children's lack of motivation to develop and achieve. Even children will feel that they are getting great pressure from their parents so that it becomes a trigger for them to damage and want to be free from parental pressure. Motivation can be in the form of awards and praise. Another form of this is spending a lot of time for children so that they feel that they are cared for (Setiardi, 2017).

f. Women as Family Fashion Designers

A fashion designer is someone who creates clothing or dresses (Ware, 2018). The

role of women in the family as fashion designers, such as preparing clothes for children and other family members. Mother, in her capacity as a fashion designer, pays close attention to the clothing worn by all family members (Zahrok., & Suarmini, 2018). Women, particularly mothers, bear a great deal of responsibility for ensuring the cleanliness of the clothes worn by their family members. Furthermore, the mother is responsible for combining clothes and preparing family members' clothes so that they are neat and appropriate when being worn.

The activity of preparing clothes can be done at night so that the next morning the family members are not confused to find clothes. For example, children's uniforms are prepared and checked for completeness since the evening. So that if there are deficiencies such as uniform trousers that have not been ironed, they can be filled that night. If it is prepared in the morning and there are incidents such as the uniform not being ironed, it will result in the child being late for school. Not only that, making sure the clothes worn according to the event are also part of the mother's job. Although basically these tasks can be assisted or taken over by other family members such as daughters or fathers, it is the mother who has a big role.

g. Women as Family Interior Design

Interior design can be interpreted as a science that focuses on studying the design of works of art in a building. Interior design has the goal of increasing the aesthetic value of a room, improving function, and increasing the psychological aspect of a room (Permana, 2019). Home itself can be defined as a place where humans live to carry out their daily activities comfortably (Muchlis., & Kusuma, 2016). A neat house will create a sense of comfort for the people who live in it. With a clean and tidy home, especially the living room, guests will feel comfortable (Maksyufah, & Angge, 2015). Conversely, an untidy house will make people feel uncomfortable living in the house. A messy house will also make family members confused to find an object and even some activities will be hindered. For example, the placement of used goods in the garage. This will result in family members finding it difficult to take out and put the vehicle into the garage because the space in the garage will be reduced. Preferably used goods are placed in the warehouse.

A well-arranged house, in addition to being more comfortable to live in, will also make life easier for the occupants. An example of how to organise a spice cabinet in the kitchen. This will make cooking easier for the house's occupants. Because arranging the stove, pot and spices close together will reduce cooking time. However, placing the spice rack in the living room will be inconvenient for the person who will be cooking because they will have to go back and forth to get the spices. Aside from the elements of function and need, it would be nice if the arrangement of goods or interior design had aesthetic or aesthetic value to make it more appealing.

h. Women as Educators and Character Shapers in the Family

The first and main education for children is obtained from the family (Taubah, 2015; Baharun, 2016; Adi, 2022). From a young age children have the right to receive education in the family even if they have not yet gone to school. Providing education to children is the responsibility of parents. But the one who has a greater role in providing education for children is the figure of the mother. Mothers become an important figure in the education of children's character (Hasan, et al, 2023). Mother is the child's first place in learning. Learning is not only about academics but learning about understanding yourself, learning about respecting and how to socialize with others is also very important to give to children.

Religious and social education needs to be provided by families, especially mothers, to their children with the intention of preparing children to get along, become good individuals and become virtuous and competent generations of the nation. First education and parenting style can affect children's character. Families that succeed in instilling various character values in children are also influenced by the parenting style adopted (Samrin, 2016). If from a young age he always applies religious and social sciences, then he will grow into a child who is pious to God, has a high social spirit, is tolerant, and does not hesitate to help people who need help. With the formation of a good child's character, it will make him easily accepted by the surrounding community and even his presence is highly anticipated. However, if the child's character is not good, it is not uncommon for them to receive rejection from society because their actions or behavior are not in accordance with the prevailing norms.

Children who have bad character do not deserve to be shunned. Precisely they need to be embraced, understood, advised, given education so they want to change for the better and act in accordance with applicable norms. If left alone, they will get worse because at the age of children they do not really understand which behavior is good and bad. Education is considered as a useful center for forming a person's superior character (Rokhman, et al, 2013). Instilling character education in children will get them used to acting according to the norms in their environment (Andrianie, et al, 2021). The moral value referred to here is of course a positive value in life.

i. Women as Family Event Organizers

At family events, women, especially mothers, have more roles. Mother plays a role in conceptualizing, determining the schedule, and detailing the implementation of the event. Planning in an event aims to ensure that the event can be carried out in an orderly and efficient manner (Setyaramadani., et al, 2022). As an event organizer mother should understand the use and progress of technology because it will affect the success of the event to be held (Birdir., et al., 2020). Even though the other members helped out, it was the mother who understood and organized the event the best.

Mother as an event organizer handles various kinds of events such as thanksgiving, birthdays, iftar with extended family, and family gathering. Not only big events, but mothers are also event organizers for even small events. For example, just a family outing. It is the mother who gives choices or recommendations for places to go out, directions for departure times, rest hours, and so on.

j. Women as Minister of Family Finance

Women, especially mothers, have an important role regarding family financial matters. Women, especially mothers, are very good at managing family finances (Kusmayadi, 2017). Mother arranged everything related to the entry and exit of money. He also has a role in planning the use of money such as it is used to pay school bills, pay PDAM, electricity, vegetables, and other family needs. Mothers limit or sort out unnecessary family needs to buy so they don't get used to living extravagantly. Women, especially mothers, are suitable to be economic regulators in the family because they

have a conscientious, disciplined, patient attitude and are more careful when it comes to money matters. Women can position themselves as finance ministers in families that are closely related to financial reporting. Women tend to be conservative when it comes to making financial and investment decisions. In this case the husband also has the right to know the income and financial expenses in the family.

Mother's financial planning for herself also needs to be implemented. Sometimes there are events that are unexpected and affect the family's finances. However, as a financial regulator for the family, the mother also has the right to use it and buy gifts for herself. If it is not too frequent, it is not said to be a wasteful life behavior because it is a gift for its role in a very complex family. Not infrequently the figure of the mother in the family also helps to find financial income by working. With them working, it is likely that there will be more money left and can be used as family savings. Family financial conditions can also affect other aspects of life. Such as the low level of family finances will affect low education (Wulandari, 2022).

k. Women as Pioneers of Clean and Healthy Behavior (PBSH) in the Family

Clean and healthy living behavior or what is called PBSH has a goal in efforts to improve health which are carried out consciously so that families are able to provide assistance in the health sector for themselves (Dewi, & Syaefuddin, 2021). A clean and healthy life can be done by getting used to having a healthy lifestyle such as exercising diligently, eating three times a day according to the time and recommended nutritional levels. In addition, paying attention to sleep hours is also very influential on the health of the body. Cleanliness is not only in the environment but also needs to be considered regarding personal hygiene.

Women in the family, especially mothers, are the pioneers to always remind other family members to always adopt a clean and healthy life. A mother can start with personal hygiene, for example paying attention to clean clothes, bathing cleanly, and paying attention to cleanliness of nails. Besides that, environmental cleanliness also needs to be considered because if the environment is clean, it will avoid disease. However, if the environment is dirty, it will become a hotbed of disease (Islam, et al,

2021).

1. Women as Family Superhero

Superhero is synonymous with a strong and brave figure. Women, especially mothers, are likened to superheroes because they have extraordinary duties and responsibilities and become strong figures in carrying out all their roles in the family. Mothers in the family are required to be versatile. Starting from his role in managing the schedule for cleaning the home environment to helping family members in all things. Besides that, the mother can be said to be the secretary in the family because she is fair in everything that helps the duties of other family members. In fact, not infrequently the mother helps in making repairs in the house, such as repairing torn clothes. A harmonious family cannot be denied from the strong role of women, especially mothers in the family (Zahrok., & Suarmini, 2018).

CONCLUSION

The findings of research conducted in Jepara Regency in 2022, the Ministry of Religion of Jepara Regency recorded 2,135 divorce cases. The latest data, calculated from January 1 to March 30, 2023, recorded 604 divorce cases that have been filed, both repudiation and lawsuit divorces. Related to the high divorce rate in Jepara Regency, it should be minimized by increasing family resilience. Women, especially mothers, have a very complex role in maintaining family resilience. *First*, the role of women as family managers. Being a unifier between families and solving problems in it. *Second*, women as family psychologists. Observing the growth and development of children both psychologically and behaviourally is a suitable place to tell about activities or problems. *Third*, women as family caregivers. Women, especially mothers, care for family members when they are sick or healthy. *Fourth*, women as role model family. Provide examples of behavior that is in accordance with religious and social values. *Fifth*, women as family motivators. Providing motivation affects the success of each family member. *Sixth*, some women as fashion designer family. Women have a role to prepare clothes for family members so that they look neat and appropriate when worn. *Seventh*, women as family interior design. Aims to create a comfortable atmosphere and facilitate daily activities in the house. *Eighth*, women as educators and character builders in the family. Being the first place for children to learn

everything. *Ninth*, women as event organizer family. Organize and handle all events in the family. *Tenth*, women as family finance ministers. Manage all income and expenditure of family finances. *Eleventh*, women as pioneers of clean and healthy living behavior (PBSH) in the family. Women play a role in reminding and doing an effort so that all family members live clean and healthy. *Twelve*, women as superheroes in the family. Women have a complex role and must be versatile.

All family members should understand the importance of family resilience. Not only that, families must also collaborate with various parties such as the Office of Women's Empowerment, Child Protection, Population Control and Family Planning or DP3AP2KB of Jepara Regency and the Center for Child Gender and Studies or PSGA. The collaboration meant in this case is to remind and help them to understand the role of each family member, especially the role of women in family resilience. Efforts to eradicate divorce cases through understanding the role of family members especially women in family resilience must be increased in order to obtain maximum results.

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